

PARASMANI CLASSES

Day Activity Schedule

Time	Activity Schedule
9:00 AM to 9:30 AM	Spiritual Activity
9:30 AM to 11:00 AM	Theory Class
11:00 AM to 11:15 AM	Short Break
11:15 AM to 12:15 PM	Group Discussion
12:15 PM to 12:45 PM	Lunch Break
12:45 PM to 2:00 PM	Test Activity
2:00 PM to 2:15 PM	Short Break
2:15 PM to 3:30 PM	Doubt Clearing Class
3:30 PM to 4:30 PM	Progressive Activity